



Botox® Cosmetic Pre-Treatment Instructions

THREE DAYS BEFORE TREATMENT

AVOID topical products such as Tretinoin (Retin-A), Retinols, Retinoids, Glycolic Acid, Alpha Hydroxy Acid, or other “anti-aging” products. Also, AVOID waxing, bleaching, tweezing, or the use of hair removal cream on the area to be treated.

SEVEN DAYS BEFORE TREATMENT (to prevent bruising)

AVOID blood thinning over-the-counter medications such as aspirin, Motrin, ibuprofen, and Aleve. Also, AVOID herbal supplements such as Garlic, Vitamin E, Ginkgo Biloba, St. John’s Wort, and Omega-3 capsules.

DO NOT drink alcoholic beverages 24 hours before (or after) your treatment to avoid extra bruising.

Inform your provider if you have a history of perioral herpes to receive advice on antiviral therapy prior to treatment.

DO NOT use Botox® if you are pregnant or breastfeeding, are allergic to any of its ingredients, or suffer from any neurological disorders. Please inform your provider if you have any questions about this prior to the treatment.

On the day of treatment, arrive to the office with a “clean face.” Please **do not wear makeup**. You may bring your own makeup to apply after your treatment.

**If you have any concerns please call our office at:
208.667.4557**